

## **TRACK & FIELD NEWS & NOTES**

### **2010 Awards:**

Academic Excellence

Brian Trinckes

Rachel Warren

Ernie DeChellis Award

Manuel Esparra

Most Points in Running Events (Girls)

Ciara Clarke

Joe Housteau Award

Rondel Armour

Most Points in Field Events (Girls)

Courtney Powell

### **Diocesan Champion:**

Manuel Esparra (1600 Meter Run)

### **Regional Qualifiers:**

Courtney Powell (Shot Put & Discus)

Manuel Esparra (1600 Meter Run)

### **School Records:**

Courtney Powell (Shot Put – 36' 4¼")

Manuel Esparra (1600 Meter Run – 4:29.88)

**Congratulations** to Edwin Smith (2005) who recently completed his Track & Field career at Ashland University as a FIVE time All American.